



## Winter / Spring 2012 Class Schedule Elevate Classic Classes

February 12<sup>th</sup> - April 13<sup>th</sup> (10 weeks)  
Register now to reserve your spot  
Only \$6.00 per lesson (\$60 Total)

### **Intro to Digital Photography** • Colton Kilgore

Monday 5:00 | Ages 13 & up

In this class we will learn some of the fundamentals of digital photography. This includes learning how to use the basic functions of a digital camera, from a simple point-and-shoot to a DSLR (digital single-lens reflex) – whichever you have available to you! You will learn about elements that make up all photographs, such as composition, exposure, and depth of field, and how to use these to make good photographs. There will be some basic photo editing on computers, and at the end of the class you will have a portfolio to showcase to all your friends and family!

### **Glee Club** • Debi White

Monday 6:00 | 6th grade & up

Glee club is a wonderful opportunity to experience music skills with upbeat contemporary music. It is open to those who are serious about music and having fun. Auditions will be held. For the audition have a cappella piece prepared.

### **Fun Dance** • Michelle Longacre

Tuesday 9:00am | Ages 3 to 5

The title says it all. This class will be an introduction to how fun dance is! The goal of the class will be for the students to understand a little bit about body movement, stage directions, facial expressions, confidence- and of course, the joy of performing. Our lesson length is 30 minutes which is just right for this age group. They will learn a few dances to perform together at our Elevate Studio finale.

### **Ladies Stretch and Dance** • Emily Peniston

Tuesday 9:00am | Ages 16 & up

The purpose of this class is to give us busy ladies one sweet hour a week to give some much needed attention to our bodies. This class will focus on deep, soothing stretches, rhythm and movement, control and coordination, and muscle toning. We will learn basic dance terms and techniques along the way. You do not need any dance experience to take this class!

### **Beginning Guitar** • Emily Peniston

Tuesday 3:30 | Ages 10 & up

In beginning guitar we will learn some basic root chords and strumming patterns. At the end of the session the students will play one song at the Elevate performance.

### **Intro to Art** • Emily Peniston

Tuesday 4:00 | 5th-12th Grade

This class will overlook the basic elements of design as we explore art through many different mediums. You do not have to be an amazing artist to take this class, you just have to enjoy art! We will be learning how to create different kinds of art step by step from the ground up. There will be drawing, painting, sketching, and designing as we create portraits, landscapes, pattern designs, radial symmetry designs, cityscapes and more! So if you've ever wanted to learn the basics of portraiture sharpen up your design skills, create one point and two point perspective drawing or if you just love making art, then this class is for you!

### **Ballet** • Celia Thurman

Tuesday 4:00 | Ages 12 & up

Grace, passion, strength!!! Ballet is hard. It is also AWESOME, and FUN!!! We will have a technique class followed by floor combinations and progressing towards a performance piece, culminating the class. We will work towards proficiency in the following areas: movement quality, cognitive recall of dance movements, musicality, ballet terminology and recall, and flexibility. Please bring ballet shoes, comfortable and fitted clothing, hair pulled back, and WATER!!!

### **Pre-Point** • Celia Thurman

Tuesday 5:00 | Audition required

Passion, strength!!! This class is for those aspiring to dance on pointe and begin with pointe fundamentals. We will be working on strengthening ballet technique for pointe. You do not have to be on pointe to take this class however, it will be catered to those just beginning in their pointe shoes. Fundamentals of pointe work will be covered through barre technique as well as floor work when instructor finds it appropriate. We will have a performance piece, culminating the class. This piece may or may not be on pointe, depending on the situation of each individual dancer. It is also awesome, and FUN!!! We will have a technique class followed by floor combinations and progressing towards a performance piece, culminating the class. Please bring ballet shoes, POINTE SHOES if approved by instructor, comfortable and fitted clothing, hair pulled back, and WATER!!!

### **More Knitting/Crochet** • Doreen Garriss

Tuesday 5:00

Do you desire to making something beyond a scarf or washcloth? Have trouble reading a pattern? Have a knitting or crocheting project you'd love to work on but are afraid to attempt it yourself? This class will allow you to work on a project alongside other comrades and with the help of an experienced instructor. This class is for those who already know the basics of knitting and/or crocheting but is ready for a little more. You get to pick the project(s) that you want to work on for the course.

### **Yarn Spinning** • Heather Biard

Tuesday 6:30 | Ages 8 & up

We will learn to spin yarn using a drop spindle. The class will cover the basics of fiber preparation and the uses of different fibers to create beautiful one of a kind yarns. We will begin spinning using a hook stick and move on to learn how to use a drop spindle. We will spin and ply different fibers and by the end of the class you will be able to experiment with a spinning wheel. Each student will go home with a drop spindle and hook stick of their own and plenty of various fibers to experiment with. There is a \$25 materials fee for this class which is due at the beginning of the class.

### **Video Editing** • Jason Garriss

Tuesday 7:00-8:00

Tuesday 8:00-9:00

In the beginners class you will be introduced to the idea of story boarding and editing a film piece. You will gain a very basic knowledge of Adobe Premiere Pro. Students will be able to showcase what they accomplished at the Elevate Finale. Max students: 5

### **Advanced/Intermediate Sewing** • Beth Gaffney

Tuesday 7:30 | Ages 11 & up

So, you know the basics but are ready to expand on your creativity and learn some more intermediate techniques...this is the class for you. You will learn to work from a prepared pattern and the basics of garment design. There will be a strong emphasis on "repurposing" fabric and using our imaginations to come up with "out of the box" construction. You will have the opportunity to use your skills for a greater purpose when we wrap up the class with a mission project creating small dresses and shorts for children in Africa through [www.littledressesforafrica.org](http://www.littledressesforafrica.org).

### **Acrylic Painting** • Celia Thurman

Wednesday 3:30 | Ages 11 & up

Students #1 goal – develop passion to paint! We will explore acrylic painting and basic knowledge of color studies. We will be looking at historical eras of painting, of which some of our projects will be based around. Students will present their final painting(s) at the class culmination. A little homework may be necessary. You will need acrylic paints, brushes, and canvases for the first day of class.

### **Musical Theatre Dance** • Melissa Wilson

Wednesday 3:45 | Ages 10 & up |

This class gives students the opportunity to learn and perform famous dance choreography from six Broadway musicals. The primary aim of the class is to give students a broad understanding of various Broadway styles and allow students to choreograph one group musical act of their own to a pop culture song. Students will also learn staging, developing character through movement, basic dance terminology, facial expressions, musicality, syncopation, and synergy. Some dance or movement experience will be helpful.

### **Beginning Sewing** • Maggie Cathcart

Wednesday 4:00 | Ages 10 & up

Learn the basics of operating a sewing machine, general sewing skills and working from a tutorial while creating some fun, useful projects. You will have the opportunity to use your new found skills for a good purpose when we wrap up the class with a mission project creating small dresses and shorts for children in Africa through [www.littledressesforafrica.org](http://www.littledressesforafrica.org).

### **Paper Making and Book Binding** • Maggie Cathcart

Wednesday 5:00 | Ages 10 & up

We will be exploring different techniques in making decorative paper. We will start with recycled paper, we will make our own pulp, and practice the art of paper making. After 5 weeks of that we will be able to use the paper we made to bind journals. I have a pile of recycled paper for students to use. We will be up-cycling as much as possible. Students will get a supply list before classes begin so we can start the first day of class.

### **Life Drawing** • Suzanne Teune

Wednesday 5:00 | Ages 14 & up

In this class, we will be using a live clothed model. The class will consist of studying the fundamentals of figure drawing. We will go over proportions and basic drawing skills. In each class we will warm up with several quick sketches of standing poses and end up with a longer seated pose. The class also provides an overview of the drawing process as a form of visual thinking in relation to rendering the human figure. Students are encouraged to study both portrait and figure drawing and use whatever media they feel most comfortable with. Please bring your own materials of choice.

### **Embroidery** • Suzanne Teune

Wednesday 6:00 | Ages 14 & up

We will be studying traditional methods of embroidery and stitches in the first half of the class and then for those students so inclined, we will be exploring other options for embroidery methods in the later portion of the class. This may include embroidering with wool or other materials we come up with as well as free hand scetching designs on fabric. By the end of the class we will incorporate our finished embroidered patterns into something functional and beautiful such as pillows, garments or wall hangings. This is a class for all levels and welcomes all types of creative minds and ideas.

**Car Care • Jim Biard**

Wednesday 6 :00 | 6th Grade & up

Does your car confuse you? Intimidate you? Does the thought of looking under the hood (not to mention doing something under there!) invoke feelings of stark, raving terror?

Well, my friend, fear no longer! The Elevate Car Care Class will change all that in 10 lessons. Once you have completed this session, you will be able to look under the hood of your car with confidence. You will laugh at flats. Seriously, the Elevate Car Care Class is a simple, hands-on introduction to the basics of understanding and looking after your car. We will cover a number of topics, including (but not limited to): The 5 major systems in your car, and how they work The 5 most important things you can do for your car The 5 fluids your car can't live without, and how to check and/or change them

How to change a tire

The 5 things that new car dealers hope you never learn

How to avoid being "taken" at the repair shop

So take charge of your car. Let it know who's boss. Bring it to the Elevate Car Care Class and gain control of your automotive relationship.

**Photo Shop • James Gaffney**

Wednesday 6:00 | Ages 12 & up

Learn the basics of Photoshop and photo manipulation. Learn about layers, coloring, and weird effects. Whether you're looking for tips on making your digital photos better, have some fun at the expense of your friends' Facebook photos, or you want to create eye-catching ads or website graphics, this is the class for you. Taught by a dude that's been messing with Photoshop since before it was even called Photoshop. No computer required – but if you have one, it'll be easier for you.

**Fun Dance • Sherri McCready**

Thursday 3:30 | Ages 4 to 7

The title says it all. This class will be an introduction to how fun dance is! The goal of the class will be for the students to understand a little bit about body movement, stage directions, facial expressions, confidence- and of course, the joy of performing. Our lesson length is 30 minutes which is just right for this age group. They will learn a few dances to perform together at our Elevate Studio finale.

**Intro to Gardening • Tracy Sumney**

Thursday 3:30 | Ages 12 & up

Think Spring! Every week we will discuss a different dimension of gardening. Some of the topics we will cover include: soil and soil amendments, sun and shade challenges, garden design and layout, pests and disease and how to treat them, and container gardening. Emphasis will be on perennial and annual flower gardening. At the end of this class we will do a hands on project.

**Drama • Sherri McCready**

Thursday 4:00 | 2nd-5th Grade

Thursday 5:00 | 6th-12th Grade

In Elevate Drama classes students will be introduced to or strengthened in the knowledge of the stage. They will learn stage directions, blocking, projection, self control, character development, and confidence. They will explore different mediums in stage performance through both humorous and serious subject matters. In each class the students will work on humorous skits and also human videos. They will have the opportunity to write and to perform a short monologue. These shorter pieces will be put together with all of the Elevate Classes in a Finale performance at the end of the class session.

**Jewelry Making • Celia Thurman**

Thursday 4:00 | Ages 12 & up | Time subject to change.

We will explore wire methods of making jewelry, beading, and depending on the class possibility of some metalsmithing. Personalized works where students use their own creativity for self expression, as well as challenging what classifies as jewelry will be encouraged. Students will present their final work(s) at the class culmination, and of course you keep it, you wear it! A little homework may be necessary as well as the purchase of some supplies.

**Intermediate Guitar • Shannon McCready**

Thursday 4:30 | 10 and up

In intermediate we will learn bar chords, picking patterns, and how to read tabs. We will focus more on honing your skills and timing. At the end of the session students will play one song at the Elevate performance. (Must have basic guitar knowledge of chords and strumming patterns)

**Tae Kwan Do • Tony Morris**

Thursday 5:00 | Time subject to change.

Traditional Tae Kwon Do is a whole body self defense system commonly referred to as Korean Karate. Our classes are rigorous and empowering, nurturing and safe — in a family environment that will challenge you to constantly develop your whole person with excellence. Our commitment to you is to help you discover and develop the martial artist in you — become an aware and effective person — and experience the resulting benefits in all aspects of your life! Students will be required to buy their martial arts outfit through us for only \$25.

**Basketball Skills • Jazz Cathcart**

Thursday 5:00 | Time subject to change.

This class is for for beginners, intermediates, and advanced players. Students will train in skills-compatible small groups and work progressively on basketball skills and philosophy. Curriculum will include but is not limited to: dribbling with both hands, shooting, passing, post skills, perimeter skills, man-to-man defense, zone defense, close outs, foot speed, and mental toughness.

If you take this class, you will become a better basketball player. Come ready to have fun and to work hard. See u soon! Students need to bring their own basketball.

**Cartooning Class • Michael Hayes**

Thursday 5:30 | 3rd-6th Grade

We will have fun exploring basic drawing principles through cartoon illustration. We'll look at the history and styles of popular comics, try our hands at caricature, as well as developing our own ideas for a comic strip.

**Graffiti as Art • Hugh Wright**

Thursday 5:30 | Ages 10 & up

This Elevate class will introduce students to Graffiti as an art form. Graffiti art is fun and expressive. Graffiti has in the past 30 years become an accepted form of art. It's not just vandalism and tags on buses, subway cars and buildings, but displayed in galleries and collected by art enthusiasts around the world. It's "Lagitt"! Students will learn about Graffiti in all its forms, learn different styles of Graffiti lettering, and learn about composition and design. As a class we will look at East and West coast artist styles and watch some videos of work being done. The class we will produce one small graffiti piece to take home and one large piece as a class for the community center. Come join the in the fun!

**Asheville Girls Choir • Bronwyn Cronin**

Thursday 6:00 | Ages 6-12

It is my belief that every child is born with the innate gift to appreciate and create music. Music is a universal language that we continue communicating throughout our lives. Depending on our background, some of us may feel more competent than others. My intention in to introduce basic principles of rhythm, harmonics and performance to help girls, ages six to twelve, "find their voice". The gift of song is very powerful in that it can be used to unite a nation (Exodus 15:21) and even drive away evil spirits (I Samuel 16:23) according to the scriptures. My ten week class will teach the student to listen, interpret, and understand their own unique voice. By the conclusion of the vocal series, the student should be able to control their voice both dynamically and in intensity, and through their knowledge, gain confidence. The Asheville Girl's Choir final performance will consist of three songs contrasting in both genre and style. Auditions will be held before the session begins. ashevillegirlschoir@gmail.com



**NEW! Private Lessons!**  
**\$15/ 30 min. \$25/hr**

**Beginners Piano • Doreen Garris**

Tuesday 3:00-5:00 | 30 minute lessons

One on one lessons are available for the student who desires to learn beginning piano. Suitable for most any age as long as the student has the desire to learn and can sit through a 30 minute lesson. The student will become familiar with the notes on the piano and eventually begin learn how to read music. Access to a keyboard or piano during the week is necessary for practice. The student will also be responsible for the purchasing of piano books as needed.

**Math Tutoring • Maggie Cathcart**

Thursdays | 1 hour sessions

Provides instructional support for individuals from grade school to college. Assistance might include: reviewing class material, discussing the text, predicting test questions, formulating ideas for papers, or working on solutions to problems. Tutoring is a supplement to classroom teaching.

**Dance Lessons • Celia Thurman**

Fridays TBA | Ages 12 & Up

This course is catered for you! What are your dreams?! How can I help you to achieve what you want to do?! Be ready to work and have a blast! Ballet/Pointe, Contemporary/Modern, Jazz, Hip Hop, or Tap. One-on-one training towards proficiency in the following areas: movement quality, cognitive recall of dance movements, musicality, terminology and recall, strength and flexibility. We will study technique, floor combinations and progressing towards a performance piece, culminating the class, if desired. Please bring appropriate shoes, comfortable and fitted clothing, hair pulled back, and WATER!!